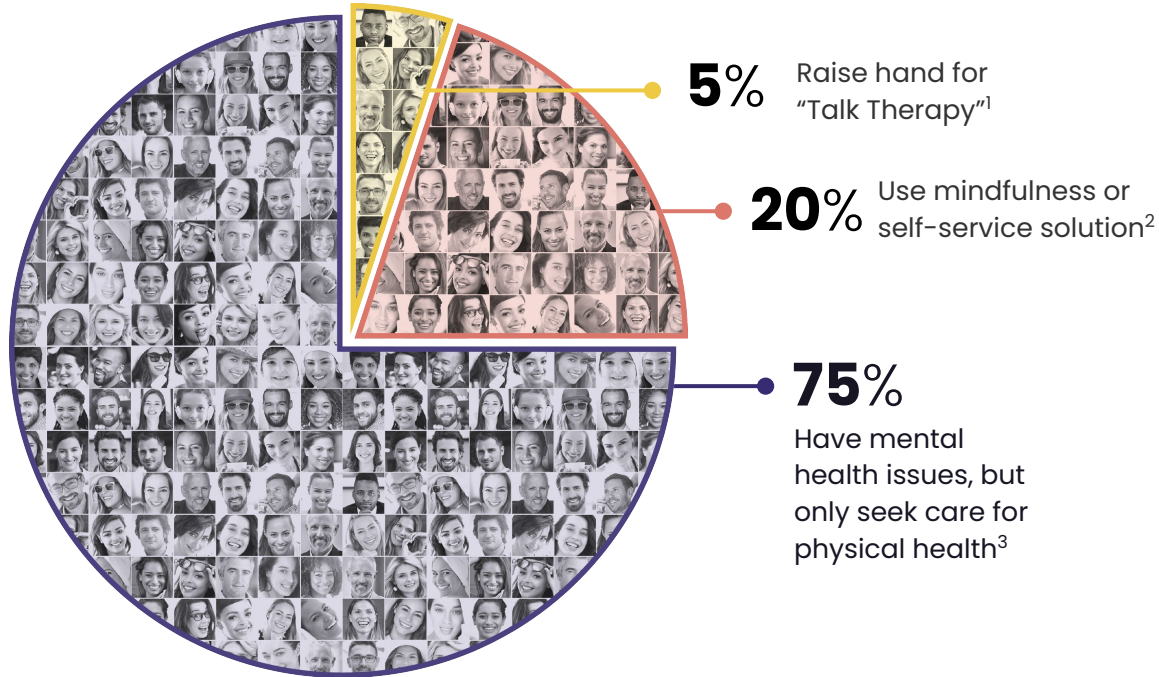


The Connection Between Physical & Mental Health



- › Impact of mental health issues on the workplace
- › Why care isn't focused on mental health and the relationship to physical health
- › Innovative employers approaches to mental health

Mental Health – The Missing Majority



1. Self-published enrollment/utilization rates across digital and in-person mental health benefits providers, including Goodpath data which shows that 73% of members in physical conditions have anxiety, stress, or depression
2. Proprietary market research with benefits leaders
3. Matthew J. Bair, MD, MS; et al. Depression and Pain Comorbidity, A Literature Review. Arch Intern Med. 2003;163(20):2433-2445. doi:10.1001/archinte.163.20.2433



Elisha Engelen

VP, Health Transformation
Aon



Nora Costa

VP, Total Rewards
MAPFRE



Dr. Christine Mason

Associate Director of Mental Health
Goodpath



Daniel Zainulbhai

Chief Business Development
Officer, **Goodpath**